



1. Wash and disinfect your hands thoroughly before use.

2. Attach the face mask with the help of the rubber bands.

3.-4. Carefully shape the nose clip over the nose and pull the lower edge of the mask under the chin.

5. The face mask is disposable. Discard the mask with the household waste.

6. Wash and disinfect your hands immediately after use.

The filtration efficiency of the mask is the same, regardless of which side of the mask is placed outwards.